

PMA advises greater caution to avoid Congo fever on Eid

The Newspaper's Staff Reporter August 18, 2018

KARACHI: The Pakistan Medical Association (PMA) on Friday expressed its concern over the increasing number of cases of Crimean-Congo haemorrhagic fever (CCHF) across the country and spelled out guidelines for protection against the tick as Eidul Azha was round the corner.

“These cases can go high as Eidul Azha is knocking on the door and people that are in contact with sacrificial animals are at risk,” said Dr Qaiser Sajjad, secretary general of the PMA, while speaking to reporters.

He said that while purchasing or handling animals, one should wear light-coloured clothes with full sleeves and shoes with socks.

“In our guidelines, we have advised people to apply insect repellent on the exposed areas of the body,” said the PMA official.

Besides, he said, such people should inspect themselves for ticks and take bath when they returned home from cattle markets.

“While slaughtering your animal, gloves should be worn on your hands, and your mouth and nose should be covered with a mask.”

He said hands should always be washed immediately after removing gloves, animal pelt should be kept separately in plastic sheet as it could have ticks.

“Do not dispose of waste or blood on the street; and avoid contact with infected humans.”

Dr Sajjad said that in case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeding, the patient should visit a physician.

“The PMA feels its responsibility to guide people for safety measures to avoid the risk of Congo virus. It spreads by the bite of a tick which feeds on the infected animal or from exposure to bleeding or tissues during or immediately after slaughtering an infected animal or, from close contact with the blood, secretions, organs or other bodily fluids of the infected people.”

He said people like animal herders, butchers, livestock workers, and any other person, who came in contact with animals and anyone having contact with a person infected with the disease, were at greater risk.

Published in Dawn, August 18th, 2018

<https://www.dawn.com/news/1427661/pma-advises-greater-caution-to-avoid-congo-fever-on-eid>

The Nation

[OUR STAFF REPORT](#)

August 17, 2018

KARACHI - At least seven people have contracted Congo virus in Karachi. The medics expressed concern over the inefficiency of health department to find out animals which are getting into Karachi for Eid-ul Azha sacrifice.

Jinnah Hospital Director Emergency Dr Seemin Jamali confirmed that seven people have been admitted to Jinnah Hospital's isolated Congo virus, while their blood's samplings have already been sent for further confirmation.

“Two out of them were brought from Quetta while rest came from Karachi,” she added. She further said that although health department has established health counters in all animals markets, they need to be thorough, so that we can avoid any untoward incident ahead of Eid-ul Adha festivities.

Meanwhile, Pakistan Medical Association (PMA) also expressed its concern about the increasing cases of Crimean-Congo Hemorrhagic Fever (CCHF) across Pakistan. These cases can go high as Eid-ul-Azha is almost around and people getting in contact with sacrificial animals will be at risk. PMA Secretary General Dr SM Qaisar Sajjad in his statement said while purchasing or handling animals, one should wear light colored full sleeved clothes and shoes with socks. Apply insect repellent on the exposed areas of the body. Inspect yourself for ticks and take bath when return home.

“During slaughtering your animal, you should wear gloves on your hands and cover your mouth and nose with a mask. Hands must always be washed immediately after removing gloves, keep animal pelt separately in plastic sheets as they may have ticks. Do not dispose of waste or blood on the street. Avoid contact with infected humans,” he added. He said in case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeds immediately see your physician.

He said PMA feels its responsibility to aware/guide people for safety measures to avoid the risk of Congo Virus. It is spread by the bite of ticks.

<https://nation.com.pk/17-Aug-2018/seven-people-fall-victim-to-congo-virus>

Prices of sacrificial animals soar ahead of Eid

By [Imran Adnan](#)

Published: August 17, 2018

LAHORE:

As Eidul Azha is just around the corner, the trading activity of sacrificial animal in makeshift cattle markets has gained momentum in the provincial capital. However, most citizens are complaining about the high prices of sacrificial animals, especially goats and sheep.

A survey of makeshift cattle markets in different areas of the city indicated that prices of goats range between Rs30,000 to Rs65,000 per animal, while sheep are being traded between Rs25,000 and Rs50,000 per animal. Prices of big animals, including cows and camels, range between Rs55,000 to Rs250,000 depending on the weight and appearance of the animal.

Speaking to The Express Tribune, Rahat Munir, a resident of Township areas, said prices of all sacrificial animals have been jacked up ahead of Eidul Azha. "Cattle traders are demanding exorbitantly high prices for sacrificial animals which has made it really difficult, if not impossible, for common citizens to sacrifice in remembrance of Sunnat-e-Ibrahimi," he underlined.

Sacrificial animal business witnesses boom

Another citizen, Imtiaz Sheikh, also complained about the high prices of the sacrificial animal. He said every year citizens make similar complaints but consecutive governments failed to address the problem. "The government should introduce some price regulations to curb unfair pricing of sacrificial animals. Such initiative will offer an opportunity to low and middle-income citizens to fulfill their religious obligation," he maintained.

A Gulshan Ravi resident, Ghazanfar Ali, said he has been visiting cattle markets for past couple of days to check the market trend. Generally, cattle vendor are demanding higher rates even for an average size animal. "I believe sacrificial animal prices will fall a day before Eid as it is impossible for traders and cattle farmers to bring these animals back to their hometowns owing to high cost of transportation.

Right now they are trying to reap maximum profits by demanding higher prices but they have to adjust their unjust pricing near Eidul Azha," he said. A cattle trader, Anwar Baloch, tried to dispel the impression that farmers and traders have jacked up sacrificial animal prices ahead of Eid. Following an increase in the petroleum prices, he highlighted, the cost of transportation has been multiplied when compared to the previous year. "Cost of fodder, labour and living expenses in the provincial capital have also been increased. Most farmers and traders are trying to dispose of their stocks at the earliest otherwise their cost of animal maintenance will further increase," he maintained. Similar remarks were made by several other vendors and none of them accepted that prices have been jacked up.

Available estimates indicate that nearly 400,000 animals are slaughtered in the provincial metropolis during three days of Eidul Azha.

Warning

Pakistan Medical Association (PMA) has already issued a warning of Crimean-Congo Haemorrhagic Fever (Congo fever) as Congo fever cases can go high as Eid is almost around and the people getting in contact with sacrificial animals would be at risk.

Going digital for Eid: E-services make buying sacrificial animals easy

Medical experts have advised citizens to avoid direct contact with sacrificial animals while visiting cattle markets or handling animals. They have advised citizens to wear light coloured full-sleeved clothes and shoes with socks. Apply insect repellent on the exposed areas of the body and take bath after returning from cattle markets.

During the slaughtering of the animals, PMA experts say, gloves and face mask should be worn. Hands must always be washed immediately after removing gloves, keep animal pelt separately in plastic sheets as they may have ticks. Do not dispose of waste or blood on the streets and avoid contact with infected humans.

In case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nosebleeds immediately see the physician.

Published in The Express Tribune, August 17th, 2018.

<https://tribune.com.pk/story/1782522/1-prices-sacrificial-animals-soar-ahead-eid/>

August 16, 2018

Measures to avoid risk of Congo Virus stressed

LAHORE: Pakistan Medical Association (PMA) expresses its concern over increasing cases of Crimean-Congo Hemorrhagic Fever (Congo fever) across the country. These cases can go high as Eidul Azha is almost around and people getting in contact with sacrificial animals will be at risk.

While purchasing or handling for animals, one should wear light colored full sleeved cloths and shoes with socks. Apply insect repellent on the exposed areas of the body. Inspect yourself for ticks and take bath when return home. During slaughtering your animal, you should wear gloves on your hand and cover your mouth and nose with a mask. Hands must always be washed immediately after removing gloves, keep animal pelt separately in plastic sheets as they may have ticks. Do not dispose of waste or blood on the street. Avoid contact with infected humans.

In case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeds immediately see your physician.

PMA feels its responsibility to aware/guide people for safety measures to avoid risk of Congo Virus. It is spread by the bite of ticks which have fed on an infected animal or from exposure to blood or tissues during or immediately after slaughtering an infected animal or, from close contact with the blood, secretions, organs or other bodily fluids of infected people. People like animal herders, butchers, livestock workers, any person in contact with livestock animals and any person in contact with an infected person are more at risk.

<https://www.thenews.com.pk/print/355714-measures-to-avoid-risk-of-congo-virus-stressed>

PMA calls for public awareness against Congo virus

[Staff Report](#)

August 16, 2018



Pakistan Medical Association (PMA) has expressed its concern about the increasing cases of Crimean-Congo Hemorrhagic Fever across the country.

With Eid-ul-Azha just around the corner, more people will be at risk since the fever spreads through contact with animals.

PMA, in an issued statement, advised people to wear full sleeves, light colours and socks. The medical association also instructed people to apply insect repellent, inspect themselves for ticks and take frequent baths.

Statement said that people should wear gloves and cover their faces with masks while slaughtering an animal. It further instructed people to wash their hands immediately after removing gloves. “Keep animal pelt separately in plastic sheets because it may have ticks in it. Do not dispose of waste or blood on the street. Avoid contact with infected people,” the statement added.

PMA said that in case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeds one should immediately consult their physician.

PMA said that it felt its responsibility to make people aware about the Congo Virus and issue safety measures to prevent people from contracting the fever.

Congo Virus is spread by the bite of ticks which have fed on an infected animal or from exposure to blood or tissues during or immediately the slaughter of an infected animal. The virus also spreads through close contact with the blood, secretions, organs or other bodily fluids of infected people.

According to PMA’s statement, people who are in contact with livestock animals including animal herders, butchers, livestock workers and people in contact with an infected person are more at risk.

<https://dailytimes.com.pk/284115/pma-calls-for-public-awareness-against-congo-virus/>

The **Frontier Post**

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PMA concerned over rise in Congo cases



F.P. Report

KARACHI: Pakistan Medical Association (PMA) expressed its concern about the increasing cases of Crimean-Congo Hemorrhagic Fever (CCHF) across Pakistan. These cases can go high as Eid-ul-Azha is almost around and people getting in contact with sacrificial animals will be at risk.

PMA Secretary General Dr SM Qaisar Sajjad in his statement said while purchasing or handling animals, one should wear light colored full sleeved clothes and shoes with socks. Apply insect repellent on the exposed areas of the body. Inspect yourself for ticks and take bath when return home.

“During slaughtering your animal, you should wear gloves on your hands and cover your mouth and nose with a mask. Hands must always be washed immediately after removing gloves, keep animal pelt separately in plastic sheets as they may have ticks. Do not dispose of waste or blood on the street. Avoid contact with infected humans,” he added.

He said in case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeds immediately see your physician. He said PMA feels its responsibility to aware/guide people for safety measures to avoid the risk of Congo Virus. It is spread by the bite of ticks.

<https://thefrontierpost.com/pma-concerned-over-rise-in-congo-cases/>

August 16, 2018

PMA concerned over rise in Congo cases

KARACHI: Pakistan Medical Association (PMA) on Wednesday expressed its concern about the increasing cases of Crimean-Congo Hemorrhagic Fever (CCHF) across Pakistan. These cases can go high as Eid-ul-Azha is almost around and people getting in contact with sacrificial animals will be at risk. PMA Secretary General Dr SM Qaisar Sajjad in his statement said while purchasing or handling animals, one should wear light colored full sleeved clothes and shoes with socks. Apply insect repellent on the exposed areas of the body. Inspect yourself for ticks and take bath when return home. "During slaughtering your animal, you should wear gloves on your hands and cover your mouth and nose with a mask. Hands must always be washed immediately after removing gloves, keep animal pelt separately in plastic sheets as they may have ticks. Do not dispose of waste or blood on the street. Avoid contact with infected humans," he added. He said in case of high fever, muscle aches, backache, headache, vomiting, severe bruising and nose bleeds immediately see your physician. He said PMA feels its responsibility to aware/guide people for safety measures to avoid the risk of Congo Virus. It is spread by the bite of ticks.—RT/Agency

<http://regionaltimes.com/16Aug2018/2.jpg>



Aug 16, 2018

کانگو بخار کے واقعات بڑھنے کا خدشہ ہے 'پی ایم اے

کراچی (ہیلتھ رپورٹر) پاکستان میڈیکل ایسوسی ایشن ملک بھر میں کانگو بخار کے بڑھتے ہوئے واقعات پر تشویش کا اظہار کرتے ہوئے کہا کہ واقعات کے مزید بڑھنے کا خدشہ ہے کیونکہ عید الضحیٰ بالکل قریب ہے اور جو لوگ قربانی کے جانوروں کے ساتھ منسلک ہوتے ہیں ان کے لئے خطرے کے امکانات بڑھ جاتے ہیں۔ مویشی خریدتے وقت یا دیکھ بھال کرتے وقت ہلکے رنگ کے پوری آستین والے کپڑے پہنیں، جوتے، جرابوں کے ساتھ پہنیں دافع حشرات ٹیوب اپنے جسم کے کھلے حصوں پر لگائیں۔ گھر آنے کے فوری بعد نہا ئیں جانور ذبح کرتے ہوئے اپنے ہاتھوں پر دستانے پہن لیں نیز اپنے منہ اور ناک کو ماسک سے ڈھانپ کے الگ رکھیں۔ دستانے اتارتے ہی فوری طور پر ہاتھ دھوئیں۔ جانوروں کی کھال کو پلاسٹک کی شیٹ سے ڈھانپ کے الگ رکھیں۔ قربانی کے بعد خون یا پانی کو سڑک پر مت بہائیں۔ متاثرہ شخص کو چھو نے سے پرہیز کریں۔ چرواہے قصاب کوئی بھی شخص جس نے مویشی کو چھوا اور متاثرہ شخص کے قریب رہنے والے لوگ اس وائرس کا شکار بننے کا زیادہ خطرہ رکھتے ہیں۔ تیز بخار، پٹھوں، کمریا سر میں درد اور جسم پر نیل پڑنے، ناک سے خون بہنے کی علامات کی صورت میں فوری اپنے معالج سے رابطہ کریں، واضح رہے کانگو بخار اس پسو یا چیچڑی کے کاٹنے سے پھیلتا ہے جس نے متاثرہ مویشی کا خون چوسا ہو۔ اس کے علاوہ یہ وائرس متاثرہ جانور کی قربانی کے دوران یا بعد میں اس کے خون یا گوشت کو چھو نے سے یا متاثرہ شخص کے خون، سیال مادہ، عضو یا جسم کے کسی بھی حصہ سے نکلنے والے مواد سے منتقل ہو سکتا ہے۔

<https://www.nawaiwaqt.com.pk/E-Paper/karachi/2018-08-16/page-2/detail-15>